

## 2001 DELMARVA Training Cruise / Parker Memorial Overnight Race

### OVERVIEW

1. Four boats (VOST SQUADRON 1) will depart Annapolis at 1200 on Friday 11 May and six boats (VOST SQUADRON 2) will depart Annapolis at 1200 on Saturday 12 May heading south down the Chesapeake.
2. You will be performing training exercises as listed below and in the OORDER during the DELMARVA circumnavigation.
3. VOST SQUADRON 2 will compete for the Parker Memorial Trophy on the ocean portion of the trip as described below.
4. During the transit portion, the intended speed of advance is approximately 5.0 knots. This should allow ample time to perform all of the required training. There is no benefit in arriving at the starting area for the Parker Memorial earlier than the designated time.
5. Except during the Parker Memorial, each SQUADRON shall stay within VHF range. In addition, boats shall minimally travel in pairs, especially after the conclusion of the Parker Memorial.
6. The Parker Memorial Overnight Race will be one race beginning in the vicinity of R "14" Smith Island Shoal on Sunday 13 May and finishing at RW "CH" Mo(A) near the mouth of Delaware Bay or at the designated time limit. The time limits for each Squadron to physically be back in Santee Basin are noted in the schedule below.

### SCHEDULE

#### Friday 11 May

- 0800 Crews of AP1 (NA-18), AP2 (AP), AP3 (NA-17) and Bulldog (NA-15) meet in HOF  
0830 Skippers, XO's and coaches meet in HOF; all others on boat, begin onload  
0900 Navigators and assistant navigators meet in downstairs classroom (for Pubs and charts)  
Foredeck meet in HOF w/ Coach Carrico  
0930 HF programming meeting in classroom and on NA-18  
Shopping, preparation of boats  
1200 VOST SQUADRON 1 Boats depart Santee Basin

#### Saturday 12 May

- 0800 Crews of Fast Attack, Trident, NA-9, NA-10, NA-12 and Rovente meet in HOF  
0830 Skippers, XO's and coaches meet in HOF; all others on boat, begin onload  
0900 Navigators and assistant navigators meet in downstairs classroom (for Pubs and charts)  
Foredeck meet in HOF w/ Coach Carrico  
0930 HF programming meeting in classroom and on NA-20  
Shopping, preparation of boats  
1200 VOST SQUADRON 2 Boats depart Santee Basin

#### Sunday 13 May

- 1500 VOST SQUADRON 2 rendezvous in the vicinity of R "14" Smith Island Shoal  
1600 30-minute window to start Parker Memorial Overnight Race begins  
1630 Starting window ends. All boats not started will use 1630 as their starting time.

#### Monday 14 May

- 0900 Time limit for Parker Memorial Race  
1700 Time limit for all VOST SQUADRON 1 boats to return to Santee Basin

#### Tuesday 15 May

- 1700 Time limit for all VOST SQUADRON 2 boats to return to Santee Basin

### LOG BOOKS

- A crew manifest must be turned in to the offshore office prior to departing.
- All exercises must be logged in the logbook, including the names and positions.
- All navigation must be logged per the Piloting requirement in the Training Exercise section.

## **PARKER MEMORIAL OVERNIGHT RACE – SAILING INSTRUCTIONS**

**RULES:** The race will be governed by the 2001-2004 Racing Rules of Sailing, the prescriptions of US SAILING, the OORDER where applicable, except as any are changed by these sailing instructions, and by these sailing instructions.

### **CHANGES TO THE RULES:**

1. The scoring penalty in rule 44 will be acceptance of a 10-minute penalty added on to the boat's corrected time for each incident. Such acceptance must be made over VHF 82A within five minutes of the incident and should be acknowledged by the protesting boat. This changes rule 44.
2. Rule 17 is changed by adding "From 2000 to 0600:
  - a. A boat overtaking from clear astern shall not become overlapped within two of her hull lengths of the boat clear ahead, and
  - b. A boat being overtaken from astern shall not sail either above or below her proper course."

**STARTING:** There will be a 30-minute starting window. All boats will start independently at any point in that time window. A boat's start time will be when she passes the designated range to the starting buoy. All boats that have not started by the close of the starting window will use the closing time as their starting time.

### **STARTING LOCATION**

Start at R "14" Smith Island Shoal when R "14" bears 110o

### **STARTING WINDOW**

The starting window will be a thirty-minute time period determined by the OTC. Tentative starting window on Sunday 13 May is:

1600	Starting window begins
1630	Starting window closes

### **ALTERNATE STARTING LOCATION**

The OTC may designate a different starting location and starting window at his discretion. Such a decision will be announced over VHF 82A.

### **COURSE**

Start when R "14" Smith Island Shoal bears 110°  
Leave R "12" off Cobb Island to starboard  
Leave R "6" east of Winter Quarter Shoal to port  
Leave R "4" off Great Gull Bank to port  
Leave G "1HC" to port  
Finish when RW "CH" Mo(A) bears 290°  
Total distance for rating purposes: 107NM

### **TIME LIMIT / ALTERNATE FINISH**

The time limit is 0900 on Monday 14 May. If you have not passed RW "CH" by 0900, you must report your LAT/LONG position at 0900 EST.

### **RESULTS**

Results will be calculated using handicap ratings as listed below. The position of any boat not finishing by the time limit will be calculated using the distance sailed toward the finish buoy using that boat's elapsed time and handicap rating.

### **RATINGS and TIME ALLOWANCES:**

<u>Boat</u>	<u>Rating</u>	<u>Sec./NM</u>	<u>Allowance</u>
Fast Attack, Trident	072	0:00	0:00:00
NA-9 to NA-12	093	0:21	0:37:27
NA-20	096	0:24	0:42:48

### **SCORING**

The race will be rated using the current 2001 PHRF ratings with the given "Dellenbaugh factor" for Navy 44's with hank-on jibs. A boat's elapsed time will be the time between her start and her finish or the time limit, whichever comes first. The winner of the Parker Memorial Bowl will be the boat with the best corrected time for the course or the distance sailed.

# PARKER MEMORIAL OVERNIGHT RACE – COMPLIANCE SHEET

**BOAT** \_\_\_\_\_

## PROTESTS

- \_\_\_ We have no protests.
- \_\_\_ We are protesting \_\_\_\_\_ for breaking rule \_\_\_\_\_. A completed protest form must be turned in with this compliance sheet.
- \_\_\_ Boat \_\_\_\_\_ notified us that they were accepting a scoring penalty.

## SCORING PENALTY

- \_\_\_ We are not taking any scoring penalties.
- \_\_\_ We are taking a 10 minute scoring penalty for an infringement with \_\_\_\_\_.
- \_\_\_ We notified them on VHF 82A within five minutes of the incident.

## TIMES (All times should be taken using GPS and reported using Eastern Standard time)

START when R “14” Smith Island Shoal bears 110° M \_\_\_\_\_:\_\_\_\_\_:\_\_\_\_\_

TIME when R “6” east of Winter Quarter Shoal bears 285° \_\_\_\_\_:\_\_\_\_\_:\_\_\_\_\_

FINISH when RW “CH” Mo(A) bears 290° \_\_\_\_\_:\_\_\_\_\_:\_\_\_\_\_

ELAPSED TIME from START to FINISH (H/M/S) \_\_\_\_\_:\_\_\_\_\_:\_\_\_\_\_

POSITION at 0900 on 14 May LAT: \_\_\_\_\_ LONG: \_\_\_\_\_

## WHAT TO TURN IN

At the end of the DELMARVA/Parker Memorial you should turn in this compliance sheet, your complete LOG BOOK and any protest forms by 0800 on Wednesday 16 May 2001.

## SIGNATURE

We have fully complied with the Racing Rules of Sailing and the Navigation Rules for the duration of the 2001 Parker Memorial Overnight Race. All of the information provided above is correct to the best of our ability.

**SIGNED:** \_\_\_\_\_ (skipper)