



# U.S. NAVAL ACADEMY SAILING PROGRAM



**Offshore**



**Intercollegiate**



**CSNTS**



**P-100**



# The CSNTS Program

- Mission Statement: Train Naval Officers about
  - Leadership and Teamwork
  - Watchstanding
  - Small boat handling
  - Knowledge of and appreciation for the forces of wind and sea
  - Relative motion
  - Marlinspike seamanship
  - Meteorology and oceanography
  - Forehandedness and vigilance
  - Shipboard organization
  - Navy preventative and corrective maintenance systems (3M)
  - Navigation (open ocean and coastal piloting)
  - Damage control



## Note!!!

- Sailing isn't on the list
- We don't teach sailing!!!
  - What I mean is we don't teach sailing for sailing's sake
- We teach people how to sail...  
  
... Because it underpins safety





## The CSNTS Program

- We teach midshipmen deck watch officer skills in the open cockpit of a small boat, inshore and offshore, in all weather.
- Provides midshipmen with small unit leadership and teamwork training, as well as intermediate-level seamanship training, in an offshore environment
- The “Leadership Laboratory”





# The CSNTS Program

- A logical and meaningful extension of what happens in the classroom
- Compete...
  - Against others, weather and ... Self





# The CSNTS Program

- Why do we train in sailboats?
  - “The CSNTS cruise provides midshipmen with an introduction to offshore sailing, navigation and leadership not duplicated elsewhere in the Naval Academy curriculum...”





# The CSNTS Program

- Historical Perspective
  - SAILTRAMID
  - OSTS
  - CSTS
    - Note... CSTS – Not CSNTS
    - All participants sailed in the spring
    - Four week cruise blocks
    - Typically Annapolis to Bermuda, Bermuda to Boston, Boston to New York, New York to Annapolis
  - Spring Training produced competent sailors with the technical skill to lead while sailing





# The CSNTS Program

- Current status
  - Some First Class Midshipmen sail in the Spring
    - We don't get them all – they will attempt to qualify as AOIC; may participate as Midshipman-in-Charge
  - Cruise blocks are three weeks long; 13 of them!
  - First week is spent in crew & boat certification
    - Monday to Wednesday – Basic Sail Training
    - Thursday to Saturday – Watch-keeping Training, U/W 48 hrs
  - Outbound passage
    - Classroom afloat; Teach the Mids!!!
  - Return Passage
    - Have the Mids prove to you what they learned
  - Crew is made up of 8 3/C Midshipmen, AOIC, and OIC



# The Role of The OIC/AOIC

- Officer in Charge...
  - USNA Instruction 1520.5C
  - Standard Operating Procedure (SOP) Chapter 2
- Authority...
- Accountability...
- Responsibility...
- More is required of today's OICs
  - Midshipman professional expertise
  - Know it...
  - Know it well enough to teach it...
  - Know it well enough to detect an incorrect act on the part of an individual doing something on the foredeck, after dark...





# How Do You Get There From Here?

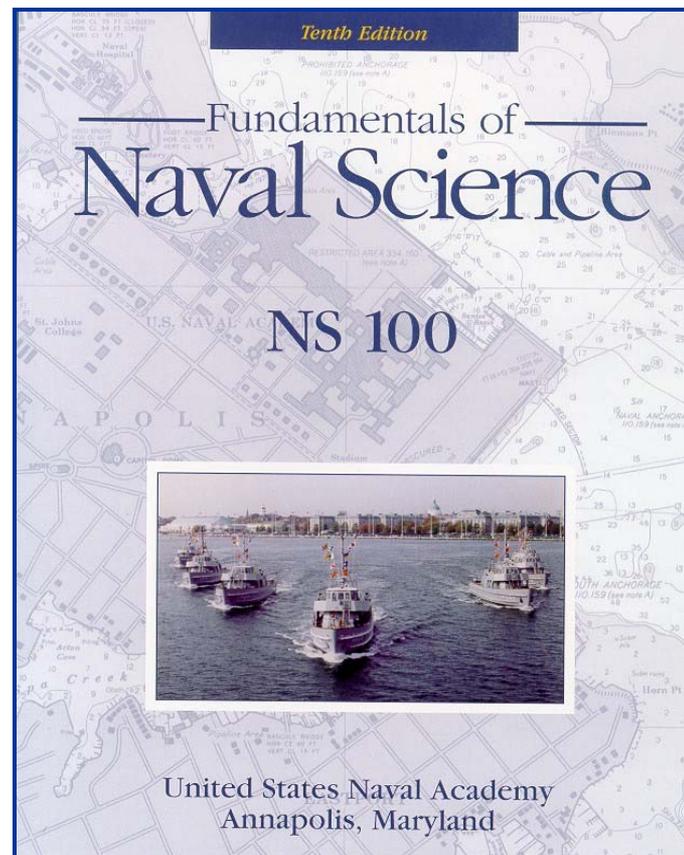
- Helping you do your job
  - Fall on-the-water training
  - The Winter Classroom Training Program
  - Spring on-the-water training
  - US Sailing's Courseware
  - Luce Hall curriculum overview
  - Navigation equipment
- In the end...
  - You'll know it is challenging and will demand your complete attention!
  - And rewarding!!!





# CSNTS Prospective Officer In Charge Training Pipeline

- DNAS Lecture/Seminar
  - Program Goals
- Navigation
  - Classroom training
  - Comprehensive Navigation Practical
- Rules of the Road
  - Written exam
- Communications
  - Tested during Navigation Practical
- Weather
- First Aid & CPR
  - Red Cross certification required
- Small Craft Repair Facility Maintenance Series





# CSNTS Winter Training

- **Classroom training: 27 January – 11 March**
  - CPR/First Aid
  - Piloting/Celestial Navigation
  - Weather/Heavy Wx. Prep
  - Communications/Electronics
  - Rules of the Road/Exam
  - Small Craft Repair Facility (SCRF) series
  - Hands-on Systems Training



# CSNTS Spring Sailing Program

- **AOINC Refresher in Knockabouts (Colgates):**  
22 March – 02 April
- **Spring Sailing:** 5 - 30 April (may start earlier dependent on assessment)
  - 2-3 sailing sessions per week
  - 45 contact hours on the water
  - Basic sailing
  - Rules of the Road
  - Navigation
  - Overnighter (16, 23, 30 April)
- **Safety-at-Sea:** March 27 (mandatory)





## Schedule Specifics

**Knockabout/Colgate sailing:** Santee Basin, KA slips  
1600-1830 daily (Monday through Friday)

**Navy 44 sailing:** Santee Basin, designated Navy 44s  
Available training time blocks should be as follows:  
1600-1830 Monday, Wednesday & Friday **OR**  
1600-1830 Tuesday & Thursday **OR**  
1200-1530 Tuesday & Thursday

**Navy 44 Overnight Training:** Santee Basin, designated Navy 44s  
Depart basin Friday approx. 1700  
Return Saturday morning



# AOINC Qualification Prior to Summer Cruise

- Watch Captain PQS complete
- Overnight sail in fall or spring
- “Thumbs-up” from staff
- Demonstrate proficiency/certification\* in:
  - Points of sail
  - Man overboard
  - Spinnaker handling
  - Reefing/Heavy Wx
  - Rules of the road\*
  - CPR\*/First aid
  - Nav/Piloting\*
  - Nav/Celestial
  - Communications
  - Weather



# CSNTS Summer Cruise

## 13 x 18-day “blocks”

- **BLOCK 0A**
  - (10 - 28 May)
- **BLOCK 0B**
  - (17 May - 4 June)
- **BLOCK 0C**
  - (24 May - 11 June)
- **BLOCK 1A**
  - (31 May - 18 June)
- **BLOCK 1B**
  - (7 - 25 June)
- **BLOCK 1C**
  - (14 June - 2 July)
- **BLOCK 2A**
  - (21 June - 9 July)
- **BLOCK 2B**
  - (28 June - 16 July)
- **BLOCK 2C**
  - (5 - 23 July)
- **BLOCK 3A**
  - (12 - 30 July)
- **BLOCK 3B**
  - (19 July - 6 August)
- **BLOCK 3C**
  - (26 July - 13 August)
- **BLOCK 4A**
  - (2 - 20 August)



# CSNTS Summer Cruise

**13 x 18-day “blocks”**

Phase I: Crew Certification

Mon. – Wed.(3 days local day sailing)

Phase II: Crew & Vessel Certification

Thurs. morning – Sat. morning

Phase III & IV: Sail to Newport & return

Mon. – following Fri.



# CSNTS Training Program Summary

- Midshipman leadership & sail training
- Professionally & personally rewarding
- Requires commitment and time
- We want you to sail with us!!!
- Please fill out biography sheets completely before leaving.





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Welcome to the U.S. Naval Academy Sailing Home Page, a resource for information about the sailing program at the Naval Academy. You can explore in detail each of the major segments of the program including the Offshore Sailing Team, the Intercollegiate Sailing Team, CSNTS (Command, Seamanship and



# USNA Sailing Organization

CAPT B. McCormack	Director, Naval Academy Sailing
CDR G. Vandenberg	Deputy Director, Naval Academy Sailing
Mr. Dan Rugg	Sailing Master/CSNTS Director (x5610)
LT Judah Nyden	CSNTS Operations Officer (x5603)
LT Misty Steinberger	CSNTS Training Officer (x5616)
LTJG Jeremy Butler	CSNTS Maintenance Officer (x5611)
BMCS Rickey Mack	Cuttershed (x5631)



# QUESTIONS?

